



Confidential Care

Your Employee Wellbeing Programme



Ravenscroft
HEALTH



Your independent, free and confidential information, advice and support service including the counselling service.



An independent, free and confidential advice service. Whether you're after practical advice or emotional support with either work or personal issues, we can offer expert guidance.



**Available 24 hours
7 days a week
365 days a year**



**Legal &
Tax Advice**



**Everyday
Matters**



**Debt & Financial
Management**



Family Care



**Therapy &
Emotional Support**

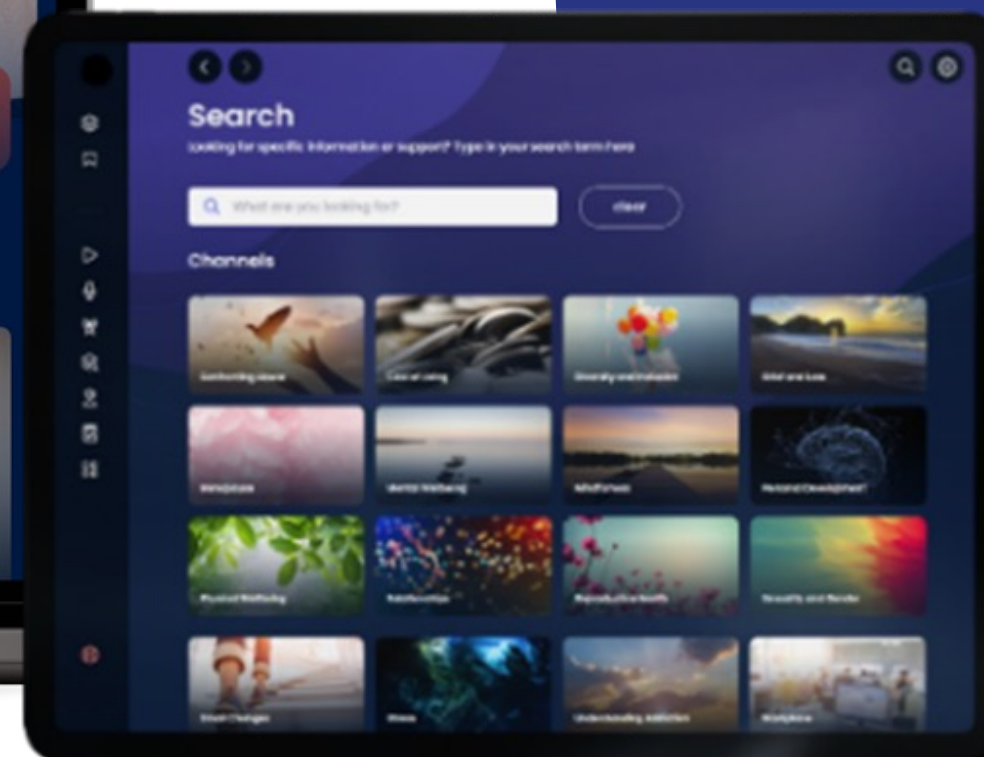
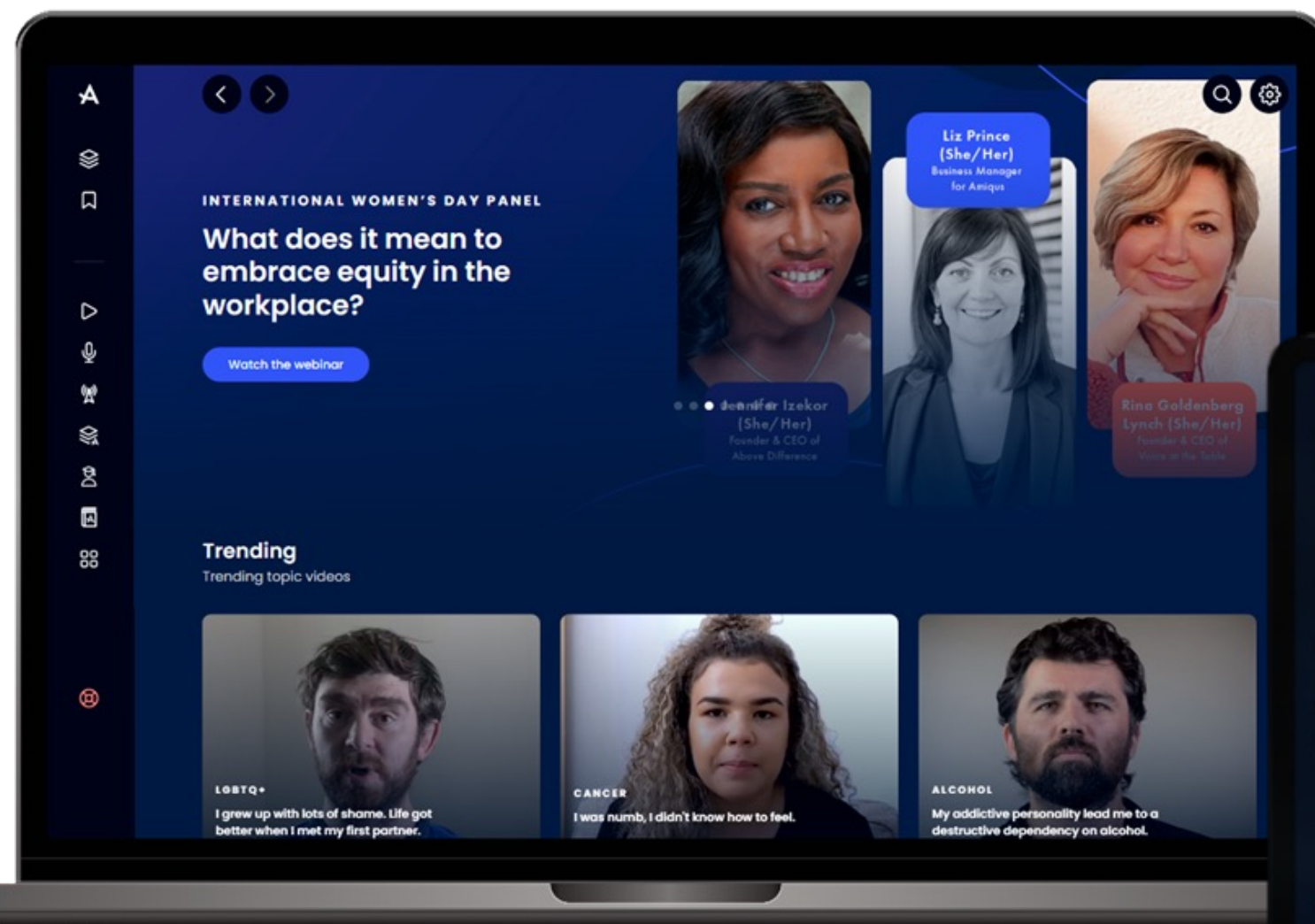
Ele - Digital Wellbeing Platform

An on-demand content library with 6,500 lived experience videos, interviews, podcasts, and expert-led discussions.

A new platform from our EAP provider.

Feel free to login and access Ele 24/7!

Available on your phone or other devices.



Our domain:

<https://swast.elewellbeing.co.uk>

Username:

swast@elewellbeing.co.uk

Password:

SWASTWellbeing



Contact Us

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