



Ravenscroft  
HEALTH



# Confidential Care

## Your Employee Wellbeing Programme

**Your free and confidential information,  
support and counselling service**



**Available 24 hours  
7 days a week  
365 days a year**



**Debt & Financial  
Management**



**Legal &  
Tax Advice**



**Family Care**



**Everyday  
Matters**



**Therapy &  
Emotional Support**

**Telephone:**

**0800 072 0191**

**or +44 (0)20 46201396**

**Email:** [swast@bicwellbeing.com](mailto:swast@bicwellbeing.com)

**Live Chat:** <https://swast.elewellbeing.co.uk>

**Username:** [swast@elewellbeing.co.uk](mailto:swast@elewellbeing.co.uk) **Password:** SWASTWellbeing